

Friday 8 September

Pre-forum Workshop – Thriving through Survivorship

1400 - 1445	Registration desk open - <i>conference foyer</i>
1500 - 1700	Robert Laidlaw 1 & 2
	Diet and Cancer – how to spot a hoax <i>Associate Professor Clare Wall</i>
	The Power of Language <i>Tracy Hancock</i>
	Building resilience into your day, your week, your life <i>Erica Weerekoon</i>
1700 - 1900	Conference Foyer
	Welcome Reception – Drinks and nibbles

Saturday 9 September - Blood Cancer Patient Forum

08.00 – 08.45	Registration desk open – <i>conference foyer</i>				
08.45 – 09.15	Whakatau and official opening <i>Pru Etcheverry</i> – Robert Laidlaw 1 & 2				
09.15 – 09.45	An introduction to blood cancers and their treatments <i>Bart Baker</i> - Robert Laidlaw 1 & 2				
09.45 – 10.15	Morning Tea				
10.15 – 11.10	Robert Laidlaw 1 & 2	World Champions Tea Room	Peter Healy 2	Calder Mackay 1	
	Myeloma 101: helping to make sense of the myeloma marathon <i>Tracy King</i>	Caring: riding the highs and lows <i>Juliet Ireland</i>	Young Adults Workshop <i>Heidi Watson + panel of specialists</i>	MDS/MPN <i>Dr Alwyn D'Souza</i>	
11.15 – 12.10	Robert Laidlaw 1 & 2	World Champions Tea Room	Peter Healy 2	Calder Mackay 1	
	When doing nothing is best: coping with watch and wait <i>Dr Bart Baker</i>	Blood Test Results <i>Dr Sean MacPherson</i>	Young Adults Workshop <i>Heidi Watson + panel of specialists</i>	Aggressive Lymphomas <i>Dr Oliver Brake</i>	
12.15 – 13.15	Lunch				
13.15 – 14.10	Robert Laidlaw 1 & 2	World Champions Tea Room	Peter Healy 2	Calder Mackay 1	Peter Healy 1
	Complementary Therapies for Cancer: What works, what doesn't and how to tell the difference <i>Dr Shaun Holt</i>	Life after Bone Marrow Transplant: recovery, clinical guidelines and practical tips <i>Julija Sipavicius</i>	Myeloma 101: helping to make sense of the myeloma marathon <i>Tracy King</i>	Stress: friend and foe <i>Juliet Ireland</i>	Mindfulness session <i>Sue Dykes</i>
14.15 - 15.10	Robert Laidlaw 1 & 2	World Champions Tea Room	Peter Healy 2	Calder Mackay 1	Peter Healy 1
	Secondary cancers: what you need to know <i>Dr Henry Chan</i>	Should I sign up for a clinical trial? <i>Professor Peter Browett</i>	Unveiling the hidden wonder drug - exercise <i>Lou James</i>	Positioning your health history in the market and job search tips <i>Naomi McRae and Ian Scott</i>	Mindfulness session <i>Sue Dykes</i>
15.15 – 15.45	Afternoon Tea				
15.45 – 16.30	Living well with a blood cancer – learning to manage, building resilience <i>Tracy King</i> - Robert Laidlaw 1 & 2				
16.30	Close - Robert Laidlaw 1 & 2				